

Questions 122 to 125

Name _____

Q122. How many sacraments are there? - Two.

Q123. What are they?

- Baptism and the Lord's Supper.

Q124. Who appointed these sacraments?

- The Lord Jesus Christ.

Q125. Why did Christ appoint these sacraments? - To distinguish His disciples from the world, and to comfort and strengthen them.

Scripture Base: Matt. 26:26-29, Matt. 28:19,
Acts 8:25-39, 1 Cor 11:23-25

Doctrine: WCF 7:6; and 27, 28, 29 SC: 91-97

Supplementary Questions

1. Why it is important for us to know there are only two sacraments?

2. Why did Jesus give the church these sacraments?

Song: "What Is a Sacrament?" - Judy Rogers

Teaching Notes

Review: Q 120. What is the sixth petition? - "*And lead us not into temptation, but deliver us from evil.*" Q 121. What do we pray for in the sixth petition? - *That God would keep us from sin.*

Reading: The Lord's Supper (Matt. 26:26-29) Baptism (Matt. 28:19), and the baptism of the Ethiopian Eunuch (Acts 8:25-39).

Questions:

1. *First*, because Jesus only appointed two sacraments:

Baptism, (Matt. 28:19) and the Lord's Supper (1 Cor. 11:23-26).

Second, because when we add other sacraments to these two, it dishonors God (Dt. 4:2). Some historic churches have done this.

(Brethren churches believe anointing with oil, love feasts, and foot washing were all instituted by Jesus to be sacraments. Roman Catholics add confirmation, penance, marriage, holy orders, and extreme unction.)

2. To show His people that they belong to Him. Baptism is God's mark of ownership: It shows us that we do not belong to ourselves, but to God. The Lord's Supper reminds us that Christ laid down His life to purchase us, and so we again belong to Him. Since only those who belong to Jesus are to come to the Table, it shows that they are set apart to Him.

The sacraments are also a way the Lord strengthens us.

If we receive them by faith, the Lord gives us more of the help of the Holy Spirit through them. There are also other ways He strengthens us: reading the Bible, hearing it preached, prayer, worship, fellowship, obeying His commandments. *(Emphasize the importance of faithfulness in these things. They are also the means of salvation.)*

These things do not contain God's power, but they help us to look up to Him to receive His power/strength by faith.

Gospel Will the sacraments strengthen you? They will **only** if you trust in Jesus Christ. In the meantime, they continue to point you to Jesus for His strength. Can the sacraments save you? No, you can only be saved by trusting Jesus. This is one of the reasons Jesus appointed them in His church. Baptism shows us that we need to die to sin, so that we can rise again to newness of life. This will only happen by faith. The Lord's Supper shows us that we can only be saved through Christ's death on the cross. His death will only save you if you trust in Him. Don't trust in the sacraments to save you. Instead, learn what they are meant to teach you: You must turn from your sins and trust in Jesus Christ alone to save you.

Activity: Sacraments worksheet

Song: "What Is a Sacrament?" - Judy Rogers