

## Question 39

Name \_\_\_\_\_

### Q39 What is this change of heart called? A39 Regeneration.

*Scripture Base:* John 3:1 - 21, Titus 3:5,  
1 Pet. 1:3; 23; Psalm 51

*Doctrine:* WCF 10:1 -2 SC 31

### Supplementary Questions

1. What is regeneration?

2. How can we know that we have been born again and our hearts have been changed?

Song: "Jesus Our Redeemer" - Judy Rogers  
"Create in Me a Clean Heart" Psalm 51

### Teaching Notes

Theme: The gracious work God does to change our hearts is called regeneration or the new birth.

Review Q38. Can any one go to heaven with this sinful nature?  
- *No; our hearts must be changed before we can be fit for heaven.*

Reading: John 3:1 – 21; Titus 3:5

### Questions

1a. The new birth or being born again (John 3:3, 7; 1 Pet. 1:3; 23).

1b. It is a change in the direction of our hearts, affections, what we like and don't like, wanting to do what's wrong to wanting to do what's right, to loving what is right (Rom. 8:2; Acts 26:18).

(i) We're born loving sin and hating what's right (Rom. 3:10-12).

(ii) When God gives the gift of the new birth, He changes our hearts.

We begin to love what right and hate what is wrong.

(iii) Only God can make this change (John 1:12-13).

2a. We can know if God has changed our attitude towards Himself.

(i) We love the Father and His Son, Jesus Christ (1 John 5:1).

(ii) We are trusting in Jesus to save us (John 3:36).

(iii) We love His commands and want to keep them (Ps. 119:97; 159).

(iv) We hate our sins and want to stop sinning (Ps. 97:10; Pr. 8:13).

(v) We want to worship the Lord and serve Him (Ps. 7:17; 9:2).

(vi) We do these things because we love God.

2b. We can know if God has changed our attitude towards others. We love God's people (John 4:7). We love our neighbor as ourselves (Matt. 22:39). We even love our enemies (Matt. 5:44) because they are made in God's image and because God commands us to love them.

Gospel: Do you love the Father and His Son, Jesus Christ? Are you trusting in Jesus to save you? Do you love His commands and want to keep them? Do you repent (turn away) from your sins when you disobey God? Are you grieved over them because you've offended God? Do you enjoy coming to church to worship God and love to spend time with God's people because they love the things He loves? Do you love your neighbor and your enemies? *No one can do these things perfectly.* However, do you want to (and are you trying to) do them perfectly? If you honestly can say yes, that is good evidence that you've been born again. If you can't honestly say yes, then you need the new birth. You need to pray and keep on praying that the Lord would give you a new heart so you can love and trust in Jesus.

Extras: Memory verse: John 3:3 - Distribute and color sheet.

Songs: "Jesus Our Redeemer" - Judy Rogers; Psalm 51:10